

Cedar Glen News

January/February, 2011



Social Security Updates

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More changes to Social Security due to the recession.

As many of you know, Social Security beneficiaries will not receive an annual cost-of-living adjustment (COLA) in 2011. This is the first time in more than 30 years that the Social Security Administration has failed to come through with an annual increase in benefits for the second consecutive year.

They have projected that the Social Security trust fund, which has helped fill the gap between payroll taxes taken in and the money paid out in benefits will run empty in 2037. Payroll taxes only cover about 78 percent of benefits paid out, so there will be problems.

Do you receive a Social Security check in the mail every month?

In 2011, changes in Social Security payments will occur to streamline the payment process and save about \$1 billion through the course of a decade. Aside from Social Security, Veteran Affairs, Supplemental Security Income, and Railroad Retirement payments will be given to new beneficiaries through direct bank deposits. Current recipients are required to enroll for direct deposit before the start of April 2011.

With this payment change, annual savings are projected at \$120 million, because they no longer need to produce checks and send them to recipients through the mail.

Other Changes . .

For those of you still working, you should have seen a reduction in your Social Security Tax withholding. Congress passed the 2010 Tax Relief Act which reduced the employee's share of Social Security taxes from 6.2 percent to 4.2 percent for wages paid in 2011.

Did you receive your SPA check for \$250?

The House once again approved the Senior Protection Act of 2010 (H.R. 5987) which provided a \$250 payment to all qualified Social Security recipients.

RECIPE OF THE MONTH:

Squash Casserole

Prep Time:

15 Min

Cook Time:

40 Min

Servings:

8

Ingredients:

- 3 cups Cornbread Stuffing
- 1/4 cup butter or margarine, melted
- 1 (10.75 ounce) can Condensed Cream of Chicken Soup
- 1/2 cup sour cream
- 2 small yellow squash, shredded
- 2 small zucchini, shredded
- 1/4 cup shredded carrot
- 1/2 cup shredded Cheddar cheese

**Directions:**

1. Mix stuffing and butter. Reserve 1/2 cup stuffing mixture and spoon remaining into a 2 quart shallow baking dish.
2. Mix soup, sour cream, yellow squash, zucchini, carrot and cheese. Spread over stuffing mixture and sprinkle with reserved stuffing mixture.
3. Bake at 350 degrees for 40 minutes or until hot.

Recipe is from: <http://allrecipes.com/Recipe/Squash-Casserole>

Cedar Glen



Yard Care

Cedar Glen offers quality yard care services at an affordable rate.

Our crew can handle most any job.

Just call us—We'll do the rest.

Just \$21.50 an hour Plus tax, 1 hour min.

Mulch, 7/8 washed rock,
3/4 minus, Call for Pricing

Prices will vary.

Call 779-4305 to schedule your Yard Care today!

If an emergency Occurs after hours, then please contact:

Management

Jason & Beth Whisenant

Office: 779-4305

Home: 598-6484

Cell: 710-6580

Lost and Found

Found:

On January 5th outside the Cedar Glen office door on stoop. Men's wire rim glasses.



The glasses can be claimed at the front desk in our office.

Billiards Social



ATTENTION ALL BILLIARDS PLAYERS

Our RV Host Dennis LaMaack has organized a fun gathering every Tuesday and Thursday evening in the Cedar Glen Recreational Hall.

For more information please call Dennis LaMaack @ (360) 779-2134

And the winners are ...

Congratulations to:

- The potluck attendance raffle winner was Ray Coleburg, who won a free month's rent!
- The food drive raffle winner was Jerome Lofgren, who won a \$25 gift card to Olive Garden/Red Lobster.
- The yard of the month winner was Chuck Fisher, who received a \$100 gift card to Home Depot.
- We had a great time playing Bingo and awarding nearly a dozen other door prizes during the event.

Thank you to everyone who attended!



Food Drive 2010 Update

Thank you to everyone who donated to our Fishline Food Drive. As always the drive was a great success!

This year, with the help of Girl Scout Troop 41868 we were able to collect 837 pounds of food and \$110 dollars to help our local food banks.

For comparison, that's 548 more pounds of food than our 2009 drive.

Yard Waste Changes are Here!



With the new year comes the sad news that Tuckers Topsoil, the company we have used for over five years to recycle our communities yard waste, has closed its doors. Luckily there are other facilities that accept yard waste in the area, but they have more restrictions on the materials they recycle and their fees are nearly double that of Tuckers.

Therefore, we have new restrictions on the yard waste we collect from your curbside. In addition to the established restrictions, we can no longer accept large amounts of dirt and or rocks. As a friendly reminder, before the gardening season, we are enclosing a copy of our yard waste do's and don'ts.



A remembrance to those who matter most

If you attend our annual Christmas Celebration you know that we also use this time to reflect back on those who have passed away in our community. We would like to offer our sincerest condolences to the friends and family of:

Betty Fitzmaurice, (Former tenant #47)

Bill Nelson, (Former tenant #16)

Mary Jane Williams, (Former tenant #01)

Ted Lofgren, (Former tenant #10)

Lilly Panteleeff, (Former tenant #71)

Geraldine Hankin, (Former tenant #37)

Lola Hissung, Space #82

Juanita Rushing, Space #11

David Bibeau, (Former tenant #32)

As the years go by we notice there are so many new faces in our community. We hope that many of you will take advantage of the community you live in, attend the tenant gatherings and get to know your neighbors.

Next Community Potluck postponed until March



Our next community potluck is being postponed until Wednesday, March 16th. We normally offer a community gathering in February but have scheduled some Recreational Hall Improvements for the months of January and February. We hope to have the facility repainted, install new carpeting, and update the furnishings in the building including the billiards table.

It seems to be working, so we will continue the annual potluck raffle for the year 2011. This means every time you attend a potluck in 2011 your name will be entered into a drawing for a month's FREE rent for January 2012. The winner will be announced at the 2011 Christmas Celebration.

Newsletter By E-Mail???

We are encouraging a more environmentally friendly and cost-effective way of keeping everyone updated on current issues in our community. Would you prefer to receive your newsletter via e-mail?

If so, please contact us Cedar-glenmhpllc@embarqmail.com or visit our web site Cedarglen.com and fill out the contact information.

Leaving Town ..

Are you going on a vacation or just visiting friends and family?

Please remember to call or stop by the office and let us know. 779-4305, M-F, 9-5.

House sitters must be registered at the office.

Don't forget to turn off your water.



January Birthdays

Janet Dykes, #04 Mary Wheaton, #58
Victoria Robinson, #76
Norma Bailey, #97 Kathy Shapland, #71
Harold Hill, #73 Robert Harris, #113



February Birthdays

Helen Bogardus #08, Howard Lindblad, #23
Norma McCain, #56 Willis Jones, #68,
Ronald McKim, #89





Fingernails and Nutrition

Did you know you can tell a lot about a person by looking at their nails? If there is a deficiency or physical problem within our bodies, the fingernails can show it.

What are some problems that can show up on the nails, and what are the signs?

Blue nails: Lung trouble such as emphysema or even asthma.

Yellowing nails: Diabetes, respiratory or liver problems

Tiny black streaks can indicate a heart problem, while reddish-brown spots can indicate a deficiency of folic acid, protein or vitamin C.

White lines in or across the nail can signal fever, liver or heart disease, kidney disorders or, more likely, a lack of iron or zinc in your diet.

Nail shapes: Nails that tend to curl under at the tips can signify respiratory or heart problems, while nails that are raised at the base can also signal respiratory trouble. Square, wide nails can be a result of a hormonal disorder. While flat, thin nails can be from insufficient vitamin B12.

Nail textures: Vertical ridges that appear on the nail can indicate disorders as simple as iron deficiency, poor absorption of vitamins and nutrients, overall poor health or they can indicate something as serious as kidney trouble.

It is important to note that this is provided to be purely informative, and under no circumstances should one take this information and use it for self diagnosis. If you are concerned or suspect you have any condition, see your doctor immediately.

Bible Study

Bible study in the
Cedar Glen
Recreational Hall

All interested parties should contact

Ken Meadows

697-2533



Help raise money for local Education

Do you purchase products that have Box Tops for Education? Many cereal and cracker products have these box tops on the top flaps of the box.



Do you purchase Campbell soup products? They sponsor labels for education, a program to raise money for local schools. If you look on your soup labels you will find a large box at the bottom of the back of the label that states, "labels for education".

What are they for? Our local schools use them to help pay for new computers, books and play equipment.

How do I get them to the schools? Our office now has a box where anyone can turn in their box tops or Campbell's soup labels.

Help Support our Local Girl Scout Troop



GIRL SCOUT COOKIE SALES BEGIN FRIDAY, JANUARY 7TH

Many of you showed your support to my daughters' Girl Scout troop last year by purchasing cookies in our office. To all of you, thank you!

The Cedar Glen Recreational Hall serves as a meeting point for Troop 41868, which serves 10 girls ages seven to nine years old. Many of these girls are low income. This is my second year as one of the girls' troop leaders, so meeting our goal of 2,500 boxes of cookies is even more personal.

With the funds earned from their cookie sales they plan on attending a horse riding camp this summer in Snohomish, and then using the remainder of the funds for community service projects. As the girls become older, their involvement in our local community grows even stronger. The money raised from these cookie sales is the foundation of their troop.

This year the troop is offering OPERATION COOKIE DROP, a program where you can purchase cookies from the Girl Scout Troop which are then delivered to military troops serving our country overseas. We've heard they really love the Thin Mints.

If four dollars for a box of cookies is too much for you, please think about a small cash donation. Our troop only gets seventy cents per box of cookies sold, so a donation of even a dollar can go a long way.

We look forward to your support again this year!

Beth Whisenant

Troop Leader, 41868

Owner/Manager Cedar Glen



Viking Fest 2010

Float sponsored by Cedar Glen
& Fast Signs of Silverdale



The Kitsap Regional Book Mobile

Will no longer be stopping here at the park. If you do not drive or cannot get out to pick up books, Outreach Services will make monthly trips to your home to pick up and deliver new books.

We have the application forms here at the office. Please stop by the office and pick one up.



CLASSIFIEDS

YOUR ADVERTISEMENT HERE

IMPORTANT: CEDAR GLEN is not responsible for the goods and services advertised in this newsletter. Purchasers participate at their own risk with Cedar Glen having no responsibility or liability for items sold or purchased.

Need a Referral for Mobile Home Repairs?

Over the years we have gathered the names of licensed and bonded contractors that perform repairs on mobile homes. With the bad economy, it seems they have all disappeared.

After a referral from a tenant, we contacted Peninsula Mobile Home Parts in Bremerton and they have referred us to two contractors that are licensed and bonded and hold good references for mobile home and carport repairs.

If you have a project awaiting their expertise feel free to give them a call:

K & B Associates

(360) 792-0999

&

Ritchie

(360) 440-6659

Ritchierepair@aol.com

Water Flushing Time!!

Attention all RV'ers in sites 98 to 125.

As a reminder, our flushing schedule is Fridays from 2:00 to 3:00 in the afternoon.



We hope this time allotment will not cause a disturbance. Since the water will be temporarily shut off, we suggest everyone plan their water use around the schedule.

Don't forget ...

TO
HAVE A

GOOD DAY!

Welcome to Cedar Glen



At this time Cedar Glen would like to WELCOME the following people to our community.

122 --- Russell Stewart

10 --- Tom and Linda Reynolds

22 --- Carole Brazda